

# Maple Ridge

# BR EF CO OR G

## Appetizers

**MAPLE ROASTED CARROTS**  
chamoy, apricot, almonds, herbs | 11

**CHICKEN SATAY**  
peanut sauce, pickled vegetable slaw, chili lime aioli,  
crushed peanuts | 10

**BABA GHANOUSH**  
cucumber, carrot, radish, za'atar, naan | 12

**CRUDO**  
thinly sliced salmon, ponzu, mint aioli, charred orange | 14

## All Day

**ALL DAY OMELET**  
french-style, cheese, chive, small salad | 12

## Soups & Salads

**CHICKEN AND ORZO SOUP**  
lemongrass chicken, veggies, orzo, asian-style broth | 9

**CAESAR**  
romaine, crouton, fluffy parmesan | 8/12

**LITTLE GEM**  
preserved lemon aioli, quinoa, tomato, cucumber,  
artichoke, parmesan | 12

**BASIC SALAD**  
arugula, tomato, cucumber, red onion, crouton, parm,  
roasted garlic vinaigrette | 7/11

## Pastas

**BOLOGNESE**  
linguini, parmesan | 19

**PRIMAVERA**  
campanelle, brussels, squash, mushroom,  
light lemon sauce | 19

## Our Vendors



EGGS, PORK,  
AND CHICKEN  
KELLYVILLE, OK



STRIP STEAK  
ARKANSAS CITY, KS



BREAKFAST  
SAUSAGE  
PRYOR, OK



TULSA, OK

## Sandwiches & Burgers

**GROGER BURGER**  
grilled onion, mustard, shredded cheddar, sesame bun  
14

**SALMON BURGER**  
togarashi crusted salmon patty, teriyaki mayo,  
avocado, arugula, onion, sesame bun | 17

**MRG BÁNH MÌ**  
thinly sliced smoked pork, jalapeños, pickles,  
asian bbq, teriyaki mayo, herbs, baguette | 15

**THE TAC**  
tomato, avocado, chili crunch cucumber, red onion,  
whipped feta, arugula, sourdough | 13

## Entrées

AVAILABLE AFTER 4PM

**HALF CHICKEN**  
miso onion potato tart, brussels, thai chili butter  
28

**CHARRED CABBAGE**  
roasted garlic quinoa, tahini,  
garlic bread crumb, dill | 21

**PORK STEAK**  
asian bbq, slow smoked & grilled, white beans,  
pho braised greens | 28

**KC STRIP**  
grilled, roasted turnips, radish, spinach,  
chimichurri | 30

**STUFFED RUBY TROUT**  
artichoke tapenade, capers, red onion, garlic,  
preserved lemon orzo, chive & chili oil | 27

## Desserts

**CHINESE EGG CUSTARD PIE**  
blackberry compote | 10

**COCOA & CARDAMOM FRITTER**  
orange blossom caramel | 10

# Maple Ridge

# PROCE

## Bakery

### MAPLE DONUT

3

### PLAIN CROISSANT

4

### SEASONAL MUFFIN

4

### ALMOND CROISSANT

5

### HAM AND CHEESE CROISSANT

9

### CHOCOLATE CHIP COOKIE

available after 11am | 3

## Breakfast

### ALL DAY OMELET

french-style, cheese, chive, small salad | 12

### 2 EGG BREAKFAST

ham, bacon or sausage, with  
sourdough & hash browns | 12

### BENEDICT BURRITO

egg, hollandaise, american cheese, spinach, potato, ham,  
green onion | 10

### BREAKFAST SANDWICH

two eggs, spiced mayo, cheddar cheese, sesame bun,  
choice of bacon, sausage, or ham | 9

### COCONUT CHIA PUDDING

almond coconut granola, banana, blueberry, strawberry,  
strawberry preserves | 12

### CHEF'S SELECTION QUICHE

small salad | 10

### PORK BELLY GYRO

avocado, whipped feta, arugula, egg, naan | 14

### SMOKED SALMON BENEDICT

english muffin, soft poached egg, hollandaise,  
small salad | 15

### BEN MAC SANDWICH

maple donut, hash brown club layer, egg, american cheese,  
choice of bacon, sausage, ham | 12

### CROISSANT FRENCH TOAST

rose rock maple ice cream, toasted almonds | 11

## Appetizers

### BABA GHANOUSH

cucumber, carrot, radish, za'atar, naan | 12

## Soups & Salads

### CHICKEN AND ORZO SOUP

lemongrass chicken, veggies, orzo, asian-style broth | 9

### LITTLE GEM

preserved lemon aioli, quinoa tabbouleh, artichoke | 12

### BASIC SALAD

arugula, tomato, cucumber, red onion, crouton, parm,  
roasted garlic vinaigrette | 7/11

## Sandwiches & Burgers

### GROGER BURGER

grilled onion, mustard, shredded cheddar, sesame bun  
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### MRG BÁNH MÌ

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asian bbq, teriyaki mayo, herbs, baguette | 15

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whipped feta, arugula, sourdough | 13

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KELLYVILLE, OK



STRIP STEAK  
ARKANSAS CITY, KS



BREAKFAST SAUSAGE  
PRYOR, OK



TULSA, OK

# *Maple Ridge* **GROCER**

## *Bakery*

<b>MAPLE DONUT</b>	<b>3</b>
<b>SEASONAL MUFFIN</b>	<b>4</b>
<b>ALMOND CROISSANT</b>	<b>5</b>
<b>PLAIN CROISSANT</b>	<b>4</b>
<b>HAM AND CHEESE CROISSANT</b>	<b>9</b>
<b>CHOCOLATE CHIP COOKIE</b> available after 11am	<b>3</b>

## *Breakfast*

<b>2 EGG BREAKFAST</b> ham, bacon or sausage, with sourdough & hashbrowns	<b>12</b>
<b>BENEDICT BURRITO</b> egg, hollandaise, american cheese, spinach, potato, ham, green onion	<b>10</b>
<b>BREAKFAST SANDWICH</b> two eggs, spiced mayo, cheddar cheese, sesame bun, choice of bacon, sausage, or ham	<b>9</b>
<b>COCONUT CHIA PUDDING</b> almond coconut granola, banana, blueberry, strawberry, strawberry preserves	<b>12</b>
<b>CHEFS SELECTION QUICHE</b> small salad	<b>10</b>
<b>ALL DAY OMELET</b> french style, cheese, chive, small salad	<b>12</b>

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